Force Support Squadron

Lajes Field Air Base

www.lajes.af.mil

www.lajesfss.com

Mar 28, 2014



65 FORCE SUPPORT SQUADRON HAPPENINGS

Pick up a copy of ACCENTS or go to www.lajesfss.com for more events and details. Please "Refresh".

Content in this section is provided by FSS. Comments regarding FSS events can be addressed to Marketing & Publicity, 535-6324. or robin.burnard@us.af.mil.





Military & Family Life Consultant

Apr 11, 11:30 a.m.-1p.m. - MATRIMONEY

Expecting a tax refund? Save it? Spend it? Pay bills? Invest it? Perhaps you and your spouse don't always agree on what to do with your money, whether it's a paycheck, inheritance or tax refund.

- addresses how emotions are tied to financial issues and how to effectively communicate with your partner about money.

Apr 15, 3:30-5 p.m. - CHILDREN AND MOVING

- covers the challenges children face when moving and tips to help children handle moving and adjusting to their new surroundings.

Apr 25,11:30 a.m. - 1 p.m. - MAINTAINING A HEALTHY RELATIONSHIP DURING DEPLOYMENT (and other types of separations)

- discusses how to safeguard a marriage or during periods of separation.

May 16, 11:30 a.m. - 1 p.m. - HEALTHY RELATIONSHIP SKILLS FOR SINGLES

- helps you clarify what you are really looking for in a relationship and how recognize your own personal pitfalls in choosing the wrong people

May 29, 3:30 - 5 p.m. - CHALLENGES OF CHANGING SCHOOLS

- addresses the challenges of starting at a new school and offers suggestions for making new friends and keeping your grades up. (Presented by Youth MFLC)

May 30, 11:30 a.m. -1 p.m. - COMMUNICATION AND ASSERTIVENESS - addresses verbal and nonverbal communication, communication guidelines, how to be an active listener and how to communicate long distance.

Jun 13, 11:30 a.m. - 1 p.m. - COPING WITH TRANSITION

- focuses on coping mechanisms that can help you through life's changes that you will experience.

Jun 26, 3:30-5 p.m. - PREPARING YOUR PARENTS FOR DEPLOYMENT

- learn what to expect when your parent deploys and how to handle your stress. (Presented by Youth MFLC)

Jun 27, 11:30 a.m. - 1 p.m. - PRINCIPLES FOR HEALTHY RELATIONSHIPS

- examines the origins of our own attitudes towards relationships, healthy components of intimate relationships and how to develop the tools needed to create and maintain healthy relationships.

AIRMAN & FAMILY READINESS CENTER





Second Second Second

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Friday, March 28

6 p.m. Despicable Me 7:30 p.m. Into the Blue

Saturday, Mar 29

Despicable Me 2 5 p.m.

7:30 p.m. Drift

Sunday, Mar 2

5 p.m. Ratatouille



PLACES TO GO

Call Outdoor Recreation

535-4140 for reservation information on these trips. Please sign up 3 days prior to trips. Minimum and maximum number of participants apply to all.

XPERIENCE X4

Saturday, April 5: 9:30 a.m. \$65/person (8 hrs) This is an off road, on road, uphill, down gulch, over ruts, under low-hanging tree branches, awesome island experience. And, best of all, you'll enjoy some of the Island's best restaurants.

TROLLING TRIP

Saturday, April 5; 8 a.m. \$75/person Targeted species: Barracuda, Bluefish and Atlantic Bonito.

HOT CHOCOLATE HIKING TRIP

Sunday, April 6; 10 a.m. FREE! Designed with kids and parents in mind. Enjoy healthy snacks along the way and hot chocolate and cookies at the end.

CAVE EXPLORING

Sunday, April 6; 3 p.m. - 6:30 p.m. \$15/person Explore Gruta do Natal and Algar do Carvão. These beginner caves do not represent a challenge but are amazing to see.

JEEP ISLAND TOUR

Saturday, April 12; 9 a.m. \$75/person (5 hours) lunch is not included You will learn about the natural history of the island on this fantastic tour. Minimum age 8 y/o.

IN-SHORE FISHING

Saturday, April 12; 8 a.m. \$65/person. Do Rainbow Wrasse, Blacktail Comber, Triggerfish, Mackerel, Red Scorpion-Fish and Common Sea Bream bite on shiny "bling" lures or do they prefer bait? Get the angle on fishing techniques unique to the area.

A TASTE OF THE NORTHERN COAST

Saturday, April 12: 9:30 a.m. \$39.95/person, 5-12 v/o \$20 Travel to Biscoitos for the beautiful vinevards, winery and museum. Here you'll be treated to a tasting and a free bottle of the famed Verdelho wine. Next to a wood crafters shop and then a traditional church. A wonderful lunch tops off this tour.

HIKE TO SERRETA LAGOINHA TRAIL

Saturday, April 12; 10 a.m. \$10/person Experience the great outdoors, see landscapes dotted by junipers, laurel heathers and volcanic cones. Length: 7 km/Difficulty: Medium/Min age: 8 y/o

SIGHT SEEING TO SPLIT ROCK

Sunday, April 13 10 a.m. - 2 p.m. \$61/person Weather permitting, we'll embark on an inflatable dinghy and go inside the Split-Rock caves.

PAINTBALL

Sunday, April 13: Depart at 9:15 a.m. \$15/person Includes mask, gun, 250 rounds of paintballs & unlimited use of CO2 as well as transportation. 16 vrs and older.

GEOCACHING TOUR

Sunday, April 13; 9 a.m. FREE Geocaching is an outdoor treasure hunt that combines hiking and exploring, using a hand-held GPS to locate treasure caches.

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THINGS TO DO



BIG BUNNY EASTER EGG HUNT

Saturday, April 19 Community Center

Ages 0-2 • Starts at 2 p.m.

Ages 3-6 • Starts at 2:10 p.m.

Ages 6-12 • Starts at 2:15 p.m.

Bring your kids to this great event where they get some candies from the Easter Bunny and Hunt for some Easter Eggs.



TEXAS HOLD'EM

Saturday, April 12, Enlisted Lounge Sign up at 6 p.m., play begins at 6:30 p.m.

THINGS TO DO

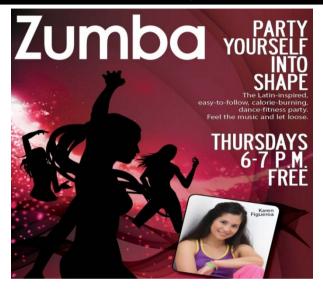
at the Chase Fitness Center

RUNNING AROUND CORVO

April 1-31 at Chase Fitness Center

CYCLE AROUND SANTA MARIA

April 1-31 at Chase Fitness Center



INTRAMURAL RACQUETBALL

Sign up by Friday, April 11.

INTRAMURAL GOLF

Sign up by Friday, April 18.

INTRAMURAL SOFTBALL

Sign up by Friday, April 25.

Contact Unit Sports Rep. for all intramural sports

APRIL MASSAGE SPECIALS

Relaxation \$45

Honey Massage \$45

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YOUTH & FAMILY

EXTENDED HOURS

Friday, Apr 4, 6-9 p.m. • Ages 9-18 Members Free/Non-Members \$2 Must register at LYP by Wednesday, Apr 2

SPRING BREAK CAMP

Monday, Apr 7- Friday, Apr 11 Youth Center

GIVE PARENTS A BREAK

Saturday, April 12 • 1-4 p.m. Youth Center



AIRMAN & FAMILY READINESS

Child and Youth Behavioral Military, Family Life Consultant (CYB-MFLC) 969-651-065 Military & Family Life Consultant (MFLC) 967-435-590 or 535-3529 Call 535-4138 to register for all workshops.

RIGHT START

(Newcomers Orientation) Apr 1 & 22, 7:30 a.m. - 4:30 p.m.

RIGHT START CULTURAL TOUR

Apr 2 & 23, 7:45 a.m. - 3:30 p.m.

MILITARY & FAMILY LIFE CONSULTANT CLASSES

Lunch provided at all 11:30 a.m. - 1 p.m. classes.

MATRIMONEY

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Matrimoney . . .

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JUMP START YOUR EDUCATION

CENTRAL TEXAS COLLEGE

Contact Paul at 535-6722 or lajes@europe.ctcd.edu. For go http://online.ctcd.edu/schedule/schedule.cfm for upcoming classes and registration deadlines.

EMBRY-RIDDLE AERONAUTICAL UNIVERSTIY-WORLDWIDE

Online and EagleVision Home classes available. Create a map of your degree that will guide you to graduation. Contact DSN: 226-2464 or email lakenheath@erau.edu for more details!

NATIONAL TEST CENTER

Funded CLEP and DSST testing has resumed. Mon, Wed and Fri 8:30 a.m. and 1:30 p.m. To schedule, call Scott at 535-4187 or email Joe at ntclajes-europe@umuc.edu.

SELF ASSESSMENT TOOL – KUDER

The Kuder Assessment Career and Transition System are specifically designed for the US Military. It is a comprehensive online resource to help you plan for the future, learn about your interests, skills and work values and use those results to build a personal career plan. Go to http://dantes.kuder.com

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NAF JOBS

Non-appropriated Fund positions are available to US military, US Civilians, their spouses and dependents on command sponsored orders. All applicants must be US citizens or citizens of a NATO country. Applicants must be 18 and over. All positions require background checks.

ANIMAL CARETAKER NTE 30 SEP 2014 (Kennel)

NA-04, Atlantic Island Kennels (T-587) Flexible Position, no guaranteed hours or benefits Vacancy closing Date: Open until filled

CHILD AND YOUTH PROGRAM ASSISTANT (Before & After School Program & Open Recreation)

CY-01/02, Youth Center (T-240)

Flex Position, no guaranteed hours or benefits Vacancy closing date: Continuously Opened

CHILD AND YOUTH PROGRAM ASSISTANT (CDC)

CY-01/02, Child Development Center (T-209) Flex Position, no guaranteed hours or benefits Vacancy Closing Date: Continuously Opened

CHILD AND YOUTH PROGRAM ASSISTANT

(Before & After School Program)

CY-01/02, Youth Center (T-240)

Flex Position, no guaranteed hours or benefits Vacancy closing date: Continuously Opened

GOOD TO KNOW

Download the latest copy of Accents!



Apr-May-Jun 2014 (click to download)

